



# Hypoglycemia

## In the past week, did you ever have...

- 1. Morning headaches .....  No       Yes       Don't know
- 2. Nightmares? .....  No       Yes       Don't know
- 3. Night sweats? .....  No       Yes       Don't know
- 4. Lightheadedness? .....  No       Yes       Don't know
- 5. Shakiness or weakness? .....  No       Yes       Don't know
- 6. Intense hunger? .....  No       Yes       Don't know
- 7. times when you passed out, fainted, or lost consciousness, even for a short time? .....  No       Yes       Don't know

## Scoring

Score items as follows: No="0", Yes="1", Don't know=blank. Score is the sum of the seven items, with higher score indicating more hypoglycemia symptoms.

## Characteristics

We have not tested this scale in English.

## Source of Psychometric Data

We have not tested this scale in English.

## Comments

This is an English translation of the Spanish hypoglycemia scale developed by John Piette. This scale has not been validated against clinical disease. It should be considered a scale of symptoms. Reprinted with permission. This scale available in Spanish.

## References

Piette J, A study of English- and Spanish-speakers with diabetes. *American Journal of Preventive Medicine*, 1999, 17(2): pp. 138-141.

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**Self-Management Resource Center**  
smrc@selfmanagementresource.com  
<https://selfmanagementresource.com>

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