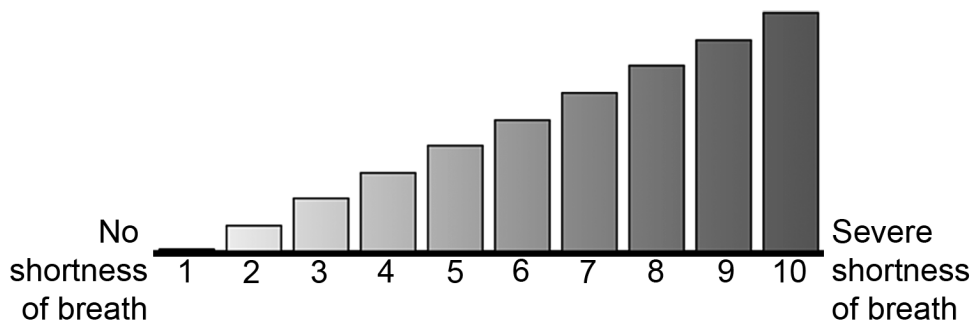




# Shortness of Breath Visual Numeric

We are interested in learning whether or not you are affected by SHORTNESS OF BREATH. Please circle the number below that describes your shortness of breath in the past 2 weeks:



## Scoring

The score is the number circled or histogram marked. Scores range from 0 to 10, with the higher score indicating more shortness of breath. If two consecutive numbers are circled, score the higher (more shortness of breath) number, if two non-consecutive numbers are circled, do not score.

## Characteristics

Tested on 122 subjects.

No. of items	Observed Range	Mean	Standard Deviation	Internal Consistency Reliability	Test-Retest Reliability
1	0-8	2.43	2.60	—	NA

## Source of Psychometric Data

English language participants in the Stanford/El Paso Border Diabetes Project. Study reported in Lorig KR, Ritter PL, Jacquez A. Outcomes of Border Health Spanish/English Chronic Disease Self-management Programs. The Diabetes Educator 2005; 31(3):401-409.

## Comments

This scale is a modified version of the visual analog scale. We found that this scale is easier for subjects to use, resulting in less missing and unclear responses. The VNS was originally developed in Spanish.

## References

Unpublished at this time.

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