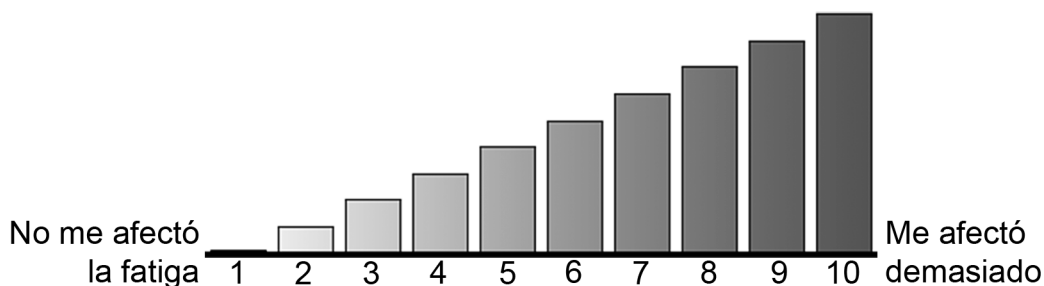


# Spanish Fatigue Visual Numeric

Por favor marque en la escala de abajo el número que mejor describa cómo le afectó la fatiga o cansancio, debido a su enfermedad, durante la última semana:



## Scoring

The score is the number circled or histogram marked. Scores range from 0 to 10, with the higher score indicating more fatigue. If two consecutive numbers are circled, score the higher (more fatigue) number, if two non-consecutive numbers are circled, do not score.

## Characteristics

Tested on 318 Spanish-speaking subjects.

No. of items	Observed Range	Mean	Standard Deviation	Internal Consistency Reliability	Test-Retest Reliability
1	0-10	4.13	3.23	—	NA

## Source of Psychometric Data

Stanford/El Paso Border Diabetes Project. Study reported in Lorig KR, Ritter PL, Jacquez A. Outcomes of Border Health Spanish/English Chronic Disease Self-management Programs. The Diabetes Educator 2005; 31(3):401-409.

## Comments

This scale is a modified version of the visual analog scale. We found that this scale is easier for subjects to use, resulting in less missing and unclear responses.

## References

Unpublished at this time.

*This scale is free to use without permission*

**Self-Management Resource Center**  
 smrc@selfmanagementresource.com  
 https://selfmanagementresource.com